

FUNDAMENTALS FESTIVAL TRAINING EVENT 2018

The presented schedule is an example of the breakdown for each event. There will be flexibility in the delivery of the event, but this provides an example of the required facilities to support the event.

All plans must be discussed with the Manager of Grassroots Development.

Time	Location	Content	Time
20 Mins	Classroom	Course Intro	9.00-9.20am
15 Mins	Classroom	Introduction to coaching	9.20-9.35am
5 Mins	Classroom	Role of the coach	9.35-9.40am
15 Mins (5mins overlap)	Classroom	Knowledge of Children	9.40-10.00am
20 Mins	Classroom	Teaching and Organizational Skills	10.00-10.20am
25 Mins	Classroom	Safety	10.20-10.45am
5 Mins	Classroom	Equipment Check	10.45-10.50am
15 Mins	Classroom	Emergency Action Plans	10.50-11.05am
25 Mins	Classroom	Planning Preferred Training Model (combination of skill stations and games)	11.05-11.30am
30 Mins	Classroom	Lunch and planning (below)	11.30-12.00noon
45 Mins	Field	Model Sessions including SSG	12.00-12.45pm
15 Mins	Field	Festival Set up and registration	12.45-1.00pm
90 Mins	Field	Practice coaching session – FUNdamentals Festival	1.00-2.30pm
20 Mins	Classroom	Festival Debrief: Players and parents	2.30-2.50pm
10 Mins	Classroom	Self-coaching assessment	3.00pm
15 Mins	Classroom	Course Wrap	3.15pm

Facility requirements

- Classroom Booking 8.30-12.00noon
- Field Booking 12.00-2.30pm

- Classroom Booking 2.30-3.30pm
Classroom access to project powerpoint
Field able to accommodate 80 young players.